

Instructions Clamshell (Ginkgo Leaves or Waves) Row – 20 blocks - 3 inches



Medium Skill level – Raw Edge Fusible Machine Applique - Fairly quick
Advanced Skill level – Curved Piecing with Inklingo™ shapes.

I am providing instructions for the two techniques mentioned above. The Inklingo™ instructions start on page 2, and are an extra option for those who own the 3 inch Inklingo™ Clamshell collections. It provides the opportunity to make the color variation that symbolizes waves.

Raw Edge Fusible Machine Applique

Yardage requirements:

- **Background fabric** - At least 60.5 inches long and 3.5 inches wide. (Finished size 60 x 3 inches). This includes a 0.25 inch seam allowance on every side.
You may want to add more than 0.25 inch seam allowances for the edges of your quilt, and to allow for minor irregularities in the placement of your clamshells.
You can piece this strip from different background fabrics.
- **Red fabric** – minimum 12 x 15 inches or equivalent, or scraps each minimum 3 x 3 inches, for 20 clamshells.
- **Fusible:** minimum 12 x 15 inches, or equivalent, of a double sided fusible of your choice. (Like Steam-A-Steam Lite 2, which allows you to stick your leaves with a temporary bond, and reposition until you are satisfied and fix them permanently with an iron).

Preparations

- Tip! Starching the background fabric before cutting, helps to stabilize long narrow strips and prevents stretching and distortion.
- Depending on your fusible, print or trace the clamshell shapes (without seam allowances), on the paper side. There is a page with a template (actual size) attached.
- Following the directions on your fusible, iron your red fabric to the fusible.

Marking and placing the clamshells

Tip! Make sure your marks are invisible in the finished quilt. Make small creases, press in folded lines, or use a marker that washes out of your particular fabrics (test first!).

- Mark at 1.5 inch intervals along the long sides of the background fabric, starting from the seam allowances (where the block seams and the block centers are in the picture).
- Use the marks to press vertical lines in the background fabric at every 1.5 inch.
- Cut your clamshells neatly from the fusible, leaving the paper on.
- Mark a small crease in the center of the top of the clamshell, by folding the clamshell in half along the vertical.

Placing the clamshells

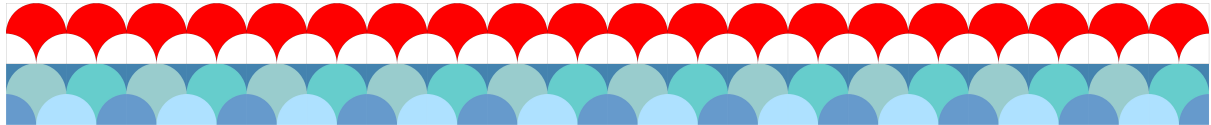
- Place each clamshell carefully on the background fabric:
 - Line up the marks in the top and the pointy ends below with a vertical pressed line in the background fabric.

Instructions Clamshell (Ginkgo Leaves or Waves) Row – 20 blocks - 3 inches

- Have each tip of the clamshells top touch a pressed line in the background fabric.
- When you are satisfied with the placement of all clamshells, fuse the clamshells in place.

Your row is now ready to join other rows!

You stitch down the clamshells at the very end, by simple machine quilting. You can do this very quickly if you use straight stitching in one continuous line along the inside of the clamshell edges, for the entire row (e.g. lower edges from one side, returning to the other side along the upper edges).



Instructions for Curved Piecing with Inklingo™ shapes

Piecing can be done by both hand or machine. Curved piecing is easier by hand, and requires no extra preparation, since you are printing the stitching lines on fabric with Inklingo™.

General information about Inklingo™

With Inklingo™ shapes, you print the cutting and stitching lines for your blocks directly on the back of your ordinary quilting fabric, with a regular inkjet printer. You stabilize the prewashed fabric by ironing it to freezer paper, so it runs through your printer smoothly. The very fine printed lines are invisible from the front, and will wash out. After printing, your fabric easily comes off the freezer paper. The fabric is clean, and the freezer paper can be reused.

What you need for this block

The Inklingo™ shape collections for [Clamshell 3 inch](#) and [Clamshell Edges 3 inch](#). They are available as downloadable pdf's from <http://www.inklingo.com>.

Yardage requirements:

Red fabric: 8.75 x 28.25 minimum, or equivalent.

White fabric: 19.5 x 21.5 minimum, or equivalent (a little over a half yard of fabric).

Freezer paper (FP)

- 8.5 x 11 inches minimum (but preferably 4 sheets).

Tip! You can save time by using precut US Letter sized sheets. Since you can print fabric of a certain size, ironed to a larger piece of freezer paper, there is no need to trim your FP down to the size of your fabric for the smaller custom sizes used for this row.

Iron your *prewashed* fabric, with the right side of the fabric to the shiny side of the freezer paper, with a hot, dry iron (cotton setting – no steam).

Iron it to the area where your printer will print the shapes (usually starting from the top left corner, but printers may vary).

Tip! One FP sheet of 8.5 x 11 inches is enough for this row, since you can reuse. But for speed, I recommend preparing 2 or 4 (depending on the color fabric) precut Letter sized sheets at the same time.

Instructions Clamshell (Ginkgo Leaves or Waves) Row – 20 blocks - 3 inches

Cutting your fabric (using a ruler and a rotary cutter)

Red, cut into:

- 2 Rectangles of each 8.5 x 11 inches.

Tip! Iron a precut US Letter sized sheet of freezer paper to your fabric, and cut around it with scissors, so you don't have to measure. Leave the FP on for printing. Iron your *prewashed* fabric, with the right side of the fabric to the shiny side of the freezer paper, with a hot, dry iron (cotton setting – no steam).

- 1 rectangle of 6.25 x 8.75 inches.

White, cut into:

- 4 rectangles of each 7.5 x 10.75 inches.
- 1 rectangle of 4.5 x 4.75 inches.

Iron your fabrics to freezer paper. You can do the last ones while the first sheets are printing. Iron the pieces of fabric that are smaller than a Letter sized sheet, to the area where your printer will print the shapes (usually starting from the top left corner, but printers may vary).

Printing

Red fabric

- In your Clamshell 3 inch shape collection, find the page of clamshell shapes with the ink color of your choice (test first!)
- Put your sheets of red fabric, ironed to FP, in your printer. Place the sheet in your printer with the wrong side of the fabric facing up.
- Print 8.5 x 11 inches Portrait, 2x. (Printing 8 clamshells per sheet)
- Print custom size 6.25 x 8.75 inches Landscape (1x). (Printing 4 clamshells).

White fabric

- In your Clamshell Edges 3 inch shape collection, find layout 'COMBO half – 5', bookmarked in the pdf.
- Print custom size 7.5 x 10.75 Landscape, 4x. (Each sheet contains 5 sets of halves).
- Find layout 'COMBO quarter', bookmarked in the pdf.
- Print custom size 4.5 x 4.75 Portrait (= 1 set of four corners).

For printing the color variation representing waves, refer to the shape collections to print the most efficient custom sizes for your number of shapes in each color.

- Cut your shapes apart with scissors, or with a small sized rotary cutter.
- Piecing: Refer to the bookmark 'Curves' in your shape collection for instructions on piecing and pressing the clamshells.
- Refer to the picture of the row of your choice for correct sewing order.

